



Dance It Out Song 26

LYRICS

DANCE IT OUT 2026

For the Nurses

[Verse 1]

Long nights

Bright lights

Heartbeat on the line

Scrubs on

Game on

Saving lives in time

Every hallway hero

Every patient's friend

Strong hands

Big hearts

Showing up again

[Pre-Chorus]

Clap twice

Step right

Bring the whole crew out

Spin once

Lift up

Hear the people shout

Side slide

High five

Let the stress burn down

We're the calm

We're the spark

In this midnight town (hey!)

[Chorus]

Dance it out

Dance it out

Let the whole world see

Nurses moving everyone to better energy

Hands up

Masks on

Still we find that groove

If you're standing with the healers

Better make your body move

Dance it out

Dance it out

Feel the hope come through

Every step
Every smile says we'll get you through
From the break room floor to the waiting room crowd
Yeah we work
Yeah we care
And we're dancing it out (oh yeah)